



GYM PROGRAMM

Monday

- Yoga | 09.00 - 10.30
- Tumbao(Latin) | 16.30 - 17.00

Tuesday

- Stretching | 09.30 - 10.30

Wednesday

- Pilates | 09.30 - 10.30
- Kids Yoga | 11.30 - 13.00

Thursday

- Yoga | 09.30 - 10.30

Friday

- Stretching | 09.30 - 10.30
- Tumbao(Latin) | 16.30 - 17.00

Saturday

- Pilates | 09.30 - 10.30



No booking required or charges apply.



LINDIAN VILLAGE
BEACH RESORT RHODES

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